

PROGRAMME

SATURDAY

THEORETICAL LESSONS

Session 1 (9:00-11:00)

- The affective basis of consciousness itself (the conscious id)
- The unconscious nature of cognition (the unconscious ego)
- Working memory: the role of consciousness in cognition

Session 2 (11:30-13:30)

- Consolidation, automatization and repression (the 'cognitive' and 'dynamic' unconscious)
- Reconsolidation ("consciousness arises instead of a memory trace")
- Repression and defense (the return of the repressed)

Session 3 (14:30-16:30)

- Life's problems: a taxonomy of drives, instincts and affects (implications for psychopathology)

SUNDAY

CLINICAL LESSONS

Session 1 (9:00-11:00)

- Implications of the conscious id for the 'talking cure'
- Why our patients suffer mainly from feelings
- The meaning of symptoms
- The actual task of psychoanalytic treatment
- Countertransference (affective and object-relational dimensions)
- Why transference interpretation is mutative
- Why psychoanalytic treatment takes time: 'working through'

PRACTICAL EXAMPLES

Session 2 (11:30-13:30)

- First case presentation (by a workshop participant) and discussion

Session 3 (14:30-16:30)

- Second case presentation (by a workshop participant) and discussion