When We Cry: Loss and Grief from a Clinical, Neurobiological and Cultural Perspective

Morning Program
Derived from his personal experiences with loss and historical psychoanalytic understandings of grief and mourning, **George Hagman, LCSW**, will present a framework for New Mourning theory which emphasizes the relational context of bereavement, the diversity of mourning processes and the complex attachment the survivor may maintain with the deceased. Treatment implications will be discussed. Following his paper, **Maggie Zellner, Ph.D., LP**, will present the neurobiological underpinnings of the experience of loss and grief and how a therapist’s familiarity with these substrates can inform and enhance therapeutic interventions.

Afternoon Program

Conference Schedule

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration</td>
<td>8:30–9:00 am</td>
</tr>
<tr>
<td>Morning Program</td>
<td>9:00 am–12:00 noon</td>
</tr>
<tr>
<td>Lunch</td>
<td>12:00 noon–1:00 pm</td>
</tr>
<tr>
<td>Afternoon Program</td>
<td>1:00–3:00 pm</td>
</tr>
</tbody>
</table>

Conference Location

**Renaissance Hotel**
80 West Red Oak Lane, West Harrison, New York 10604 (hotel fully accessible; discount room rate available)
Telephone: 914-694-5400
MetroNorth / North White Plains (accessible)

Conference Committee
Ann Rose Simon (Chairperson), Irene Studwell (Assistant Chairperson), Ann Crane, Geri Friedman, Blitha Goldberg, Constance Haslett, Wendy Kaiser, Carol Mahlstedt, Andrea Smith

Our Keynote Speakers

**George Hagman, LCSW**, is a clinical social worker/psychoanalyst in private practice in NYC and Stamford, CT, and a faculty member at WCSPP and The Training and Research Institute for Self Psychology. He is the author of numerous books and articles, including *New Models of Bereavement Theory and Treatment*; *Aesthetic Experience: Beauty, Creativity and the Search for the Ideal*; and *The Artist’s Mind: A Psychoanalytic Perspective on Creativity, Modern Art and Modern Artists*.

**Maggie Zellner, Ph.D., LP**, is a neuroscientist and licensed psychoanalyst/psychotherapist in NYC. She is Executive Director of The Neuropsychoanalysis Foundation in NYC and Editor of *Neuropsychoanalysis*. She also teaches neuroscience to psychotherapists. In 2011, she was curator for the exhibit, “*Brain: The Inside Story*,” at the American Museum of Natural History.

**Lama Zuhair Khouri, LMSW**, comes to the field of mental health following 14 years as a political affairs officer at the UN Department of Peacekeeping Operations. She is the executive director of Circle OASIS, a not-for-profit organization serving Arab immigrants/refugees. A popular speaker, Lama Khouri is also a published author with a recent chapter in *Immigration in Psychoanalysis: Locating Ourselves* by Julia Beltsiou.

Clinical Presentations

**Ann Crane, Psy.D.** is on faculty at WCSPP and a psychologist/psychoanalyst in private practice in White Plains, NY, working with adolescents, couples and adults, specializing in loss related to infertility.

**Julie Willstatter, LCSW**, is a social worker/psychoanalyst in private practice in White Plains, NY. She provides individual, couples and group therapy to individuals living with chronic or life-threatening conditions.

Conference Fees:
By November 1, 2017
- Registration (mail, online) .............................................. $160
- Psychoanalytic Candidates/Retirees ................................... $105

November 2 until November 12, 2017
- Registration (mail, online) .............................................. $175

After November 12, 2017
- At the door (space permitting) ........................................... $185

Above fees include continental breakfast, lunch and payment for CE credit.

3 Ways to Register:
- Online at wcspp.org
- At the door (cash/check or credit; space permitting)
- By mail: Mail this form and check (payable to WCSPP) to

**WCSP**
468 Rosedale Avenue
White Plains, NY 10605

Name _________________________________________________
I am requesting CE Credits (circle) Yes No
I am (circle): NY Social Worker CT Social Worker Psychologist Psychoanalyst MFT CAT MHC
Street __________________________________________________
City/State/Zip __________________________________________
Phone __________________________________________________

Cancellation Policy:
Requests for a refund MUST be received by email or letter by October 31 for full refund, less a $50 processing fee.
ABOUT THIS CONFERENCE:
Loss and grief are pervasive and inescapable aspects of human experience. While bereavement, the complex emotional state following the death of a loved one, is perhaps the most universal experience, loss is also experienced through various life challenges, such as disability, divorce, professional disruptions and immigration. The purpose of this conference is to highlight the ubiquity of loss and grief seen in our clinical work and to explore how these concepts can be understood from theoretical, neurobiological, clinical and cultural perspectives. In addition, the conference will address how an understanding of the neurobiological underpinnings of loss and grief can inform and enhance clinical interventions. Clinical examples and treatment strategies will be presented.

Learning Objectives:
Participants will be able to:
1. List 3 interventions to target symptoms of complicated mourning.
2. Identify 3 signs of progress in treatment with the bereaved.
3. Name the areas of the brain that are part of the Human Grief System.
4. Define the process of mourning as it relates to immigration and assimilation.

Who Should Attend: Psychiatrists, psychologists, psychoanalysts, social workers, marriage and family therapists, mental health counselors, creative arts therapists, nurses, school professionals, teachers, graduate students.

Continuing Education—5 CE hours
Westchester Center for the Study of Psychoanalysis and Psychotherapy is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of Continuing Education for Licensed Clinical Social Workers #0063, Licensed Psychoanalysts #P-0027, Licensed Marriage and Family Therapists #MFT-0040, Licensed Mental Health Counselors #MHC-0075 and Licensed Creative Arts Therapists #CAT-0028.

If requesting CE’s, a completed evaluation must be submitted online through Survey Monkey at the end of the conference.

When We Cry:
LOSS AND GRIEF FROM A CLINICAL, NEUROBIOLOGICAL AND CULTURAL PERSPECTIVE
Saturday, November 18, 2017
8:30 AM – 3:00 PM
Renaissance Hotel
80 West Red Oak Lane
West Harrison, NY

Distinguished Keynote Speakers
George Hagman, LCSW
“New Models of Bereavement Theory and Treatment”

Maggie Zellner, Ph.D, LP
“A Neurobiological Perspective on Loss and Grief”

Lama Zuhair Khouri, LMSW
“Can You See Me? The Interpellation of an Arab Immigrant”

5 CE Hours