

# When We Cry: Loss and Grief from a Clinical, Neurobiological and Cultural Perspective

## Morning Program

Derived from his personal experiences with loss and historical psychoanalytic understandings of grief and mourning, **George Hagman, LCSW**, will present a framework for New Mourning theory which emphasizes the relational context of bereavement, the diversity of mourning processes and the complex attachment the survivor may maintain with the deceased. Treatment implications will be discussed. Following his paper, **Maggie Zellner, Ph.D, LP**, will present the neurobiological underpinnings of the experience of loss and grief and how a therapist's familiarity with these substrates can inform and enhance therapeutic interventions.

## Afternoon Program

**Lama Zuhair Khouri, LMSW**, will present and discuss her personal experiences of loss as an Arab immigrant. **Ann Crane, Psy.D**, will present a clinical vignette in her paper, "Now You See Me, Now You Don't: How Analytic Love Provides Safety and Enables Development after Traumatic Loss." **Julie Willstatter, LCSW**, will present a clinical vignette, "Driven by the Self I Never Was," describing psychotherapy with a cancer survivor who sustained losses during treatment.

## Conference Schedule

Registration	8:30–9:00 am
Morning Program	9:00 am–12:00 noon
Lunch	12:00 noon–1:00 pm
Afternoon Program	1:00–3:00 pm

## Conference Location

### Renaissance Hotel

80 West Red Oak Lane, West Harrison, New York 10604 (hotel fully accessible; discount room rate available)  
Telephone: 914-694-5400  
MetroNorth / North White Plains (accessible)

## Conference Committee

Ann Rose Simon (Chairperson), Irene Studwell (Assistant Chairperson), Ann Crane, Geri Friedman, Bilha Goldberg, Constance Haslett, Wendy Kaiser, Carol Mahlstedt, Andrea Smith

## Our Keynote Speakers

**George Hagman, LCSW**, is a clinical social worker/psychoanalyst in private practice in NYC and Stamford, CT, and a faculty member at WCSPP and The Training and Research Institute for Self Psychology. He is the author of numerous books and articles, including *New Models of Bereavement Theory and Treatment*; *Aesthetic Experience: Beauty, Creativity and the Search for the Ideal*; and *The Artist's Mind: A Psychoanalytic Perspective on Creativity, Modern Art and Modern Artists*.

**Maggie Zellner, Ph.D, LP**, is a neuroscientist and licensed psychoanalyst/psychotherapist in NYC. She is Executive Director of The Neuropsychoanalysis Foundation in NYC and Editor of *Neuropsychoanalysis*. She also teaches neuroscience to psychotherapists. In 2011, she was curator for the exhibit, "Brain: The Inside Story," at the American Museum of Natural History.

**Lama Zuhair Khouri, LMSW**, comes to the field of mental health following 14 years as a political affairs officer at the UN Department of Peace-keeping Operations. She is the executive director of Circle OASIS, a not-for-profit organization serving Arab immigrants/refugees. A popular speaker, Lama Khouri is also a published author with a recent chapter in *Immigration in Psychoanalysis: Locating Ourselves* by Julia Beltsiou.

## Clinical Presentations

**Ann Crane, Psy.D**, is on faculty at WCSPP and a psychologist/psychoanalyst in private practice in White Plains, NY, working with adolescents, couples and adults, specializing in loss related to infertility.

**Julie Willstatter, LCSW**, is a social worker/psychoanalyst in private practice in White Plains, NY. She provides individual, couples and group therapy to individuals living with chronic or life-threatening conditions.

## Conference Fees:

### By November 1, 2017

- Registration (mail, online) .....\$160
- Psychoanalytic Candidates/Retirees.....\$105

### November 2 until November 12, 2017

- Registration (mail, online).....\$175

### After November 12, 2017

- At the door (space permitting) .....\$185

Above fees include continental breakfast, lunch and payment for CE credit.

## 3 Ways to Register:

- ◆ **Online at wcspp.org**
- ◆ **At the door** (cash/check or credit; space permitting)
- ◆ **By mail:** Mail this form and check (payable to WCSPP) to

**WCSPP**  
468 Rosedale Avenue  
White Plains, NY 10605

Name \_\_\_\_\_

I am requesting CE Credits (circle) Yes No

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**Cancellation Policy:**  
Requests for a refund **MUST**  
be received by email or letter  
by **October 31** for full refund,  
less a \$50 processing fee.





**ABOUT THIS CONFERENCE:**

Loss and grief are pervasive and inescapable aspects of human experience. While bereavement, the complex emotional state following the death of a loved one, is perhaps the most universal experience, loss is also experienced through various life challenges, such as disability, divorce, professional disruptions and immigration. The purpose of this conference is to highlight the ubiquity of loss and grief seen in our clinical work and to explore how these concepts can be understood from theoretical, neurobiological, clinical and cultural perspectives. In addition, the conference will address how an understanding of the neurobiological underpinnings of loss and grief can inform and enhance clinical interventions. Clinical examples and treatment strategies will be presented.

**Learning Objectives:**

Participants will be able to:

1. List 3 interventions to target symptoms of complicated mourning.
2. Identify 3 signs of progress in treatment with the bereaved.
3. Name the areas of the brain that are part of the Human Grief System.
4. Define the process of mourning as it relates to immigration and assimilation.

**Who Should Attend:** Psychiatrists, psychologists, psychoanalysts, social workers, marriage and family therapists, mental health counselors, creative arts therapists, nurses, school professionals, teachers, graduate students.

**Continuing Education—5 CE hours**

Westchester Center for the Study of Psychoanalysis and Psychotherapy is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of Continuing Education for Licensed Clinical Social Workers #0063, Licensed Psychoanalysts #P-0027, Licensed Marriage and Family Therapists #MFT-0040, Licensed Mental Health Counselors #MHC-0075 and Licensed Creative Arts Therapists #CAT-0028.

**If requesting CE’s, a completed evaluation must be submitted online through Survey Monkey at the end of the conference.**



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**Saturday, November 18, 2017**

*When We Cry:*

Loss and Grief from a Clinical,  
Neurobiological and Cultural  
Perspective

WCSPP ANNUAL CONFERENCE 2017



*When We Cry:*  
**LOSS AND GRIEF  
FROM A CLINICAL,  
NEUROBIOLOGICAL AND  
CULTURAL PERSPECTIVE**

**Saturday, November 18, 2017  
8:30 AM – 3:00 PM**

Renaissance Hotel  
80 West Red Oak Lane  
West Harrison, NY



**Distinguished Keynote Speakers**

**George Hagman, LCSW**  
“New Models of Bereavement  
Theory and Treatment”

**Maggie Zellner, Ph.D, LP**  
“A Neurobiological Perspective  
on Loss and Grief”

**Lama Zuhair Khouri, LMSW**  
“Can You See Me?  
The Interpellation of an Arab Immigrant”

**5 CE Hours**