

PROGRAMME

Saturday 22 September

THEORETICAL LESSONS

Morning Session

Registration 9.00-9.30

Session 1 9.30-11.30

- The affective basis of consciousness itself (the conscious id)
- The unconscious nature of cognition (the unconscious ego)
- Working memory: the role of consciousness in cognition

11.30 -12.00 Coffee break

Session 2 12.00-14.00

- Consolidation, automatization and repression (the 'cognitive' and 'dynamic' unconscious)
- Reconsolidation ("consciousness arises instead of a memory trace")
- Repression and defense (the return of the repressed)

14.00-15.00 Lunch

Afternoon Session

Session 3 15.00-17.00

- Life's problems: a taxonomy of drives, instincts and affects (implications for psychopathology)

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Sunday 23 September

CLINICAL LESSONS

Morning Session

Session 4 9:00-11:00

- Implications of the conscious id for the 'talking cure'
- Why our patients suffer mainly from feelings
- The meaning of symptoms
- The actual task of psychoanalytic treatment
- Countertransference (affective and object-relational dimensions)
- Why transference interpretation is mutative
- Why psychoanalytic treatment takes time: 'working through'

11.00-11.30 Coffee break

PRACTICAL EXAMPLES

Session 5 11:30-13:30

- First case presentation (by a workshop participant) and discussion

13.30-14.30 Lunch

Afternoon Session

Session 6 14:30-16:30

- Second case presentation (by a workshop participant) and discussion

16.30-17.00 ECM Test

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